



VOLUNTARY SECTOR LIAISON COMMITTEE - 2ND DECEMBER 2015

SUBJECT: ITEMS OF INTEREST TO THE VOLUNTARY SECTOR

REPORT BY: UPDATE FROM ANEURIN BEVAN UNIVERSITY HEALTH BOARD

NCN UPDATE REPORT:

1. SIGNPOSTING

Signposting to services which can provide support, advice and help on a wide variety of issues can massively reduce the burden on families.

The Neighbourhood Care Networks, Primary Mental Health Team and Third Sector are working together to improve sign posting to local mental health support services.

Caerphilly NCNs are increasing their awareness of dementia through the development of dementia friendly communities and will be working with the new Dementia Primary Care Support Workers in the community supporting patients and families with new diagnosis of dementia.

2. LIVING WELL LIVING LONGER (LWLL) PROGRAMME

LWLL will start in the north of the county borough in November 2015. This is a Welsh Government Tackling Poverty priority and is being delivered on a pilot basis by Aneurin Bevan University Health Board and Public Health Wales.

Within Caerphilly county borough it will cover selected GP practices from Rhymney down to Ystrad Mynach and Markham (NCN North). In addition, following partnership discussions, it has also been agreed to deliver the programme in Lansbury Park.

The programme invites residents, age 40-64 (who are not currently on a chronic disease register), who live in the most deprived areas of ABUHB, to receive a cardiovascular risk assessment – a midlife MOT. In Caerphilly, it is anticipated that this will target around 7000 residents. Assessment will take place in local community venues.

Individuals are then supported to identify lifestyle changes to lower their identified risks and signposted to local services.

3. SMOKING CESSATION SUPPORT

Working with a wide range of partners has seen an impact on the number of people referred into smoking cessation services and people stopping smoking in Caerphilly.

The majority of GP practices in Caerphilly now have smoking cessation champions who collate and make referrals into support services.

To increase uptake of smoking cessation services by pregnant women discussions have been held between midwives and Stop Smoking Wales, following which the way referrals are made by the midwifery service has been revised to make it more efficient and effective.

NCNs have funded training for Communities First staff in Caerphilly to delivery smoking cessation support to our most deprived communities.

There are currently 14 pharmacies offering an enhanced Level 3 smoking cessation support services across Caerphilly, with a further 4 awaiting accreditation.

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